## How Safe Is Pasteurized Donor Human Milk?

- Mothers' Milk Bank is accredited through the Human Milk Banking Association of North America (HMBANA).
- Registered by the Food and Drug Administration (FDA).
- Our screening process follows guidelines in accordance with the American Association of Blood Banks.
- Incident free since our founding in 1974.
- A licensed tissue bank since 1986 in California and Maryland.
- All of our donors receive a blood test for HIV, HTLV, RPR, Hepatitis B, and Hepatitis C.
- A doctor must clear the medical history of all donors for certain medications, chronic diseases, risky behaviors, and communicable diseases.

## To enhance the availability and use of breast milk for all babies we...

- Help mothers succeed in breastfeeding.
- Support lactation groups through advocacy.
- Organize milk drives and events to encourage mothers with excess milk to donate.
- Supply breast pumps for low-income families.
- Distribute pasteurized donor human milk to hospitals and families across all states, including Alaska and Hawaii.
- Work with Medi-Cal and TRICARE for donor milk reimbursement.

### Mothers' Milk Bank

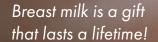
1887 Monterey Road Suite 110 San Jose, CA 95112 Phone: 1-877-375-6645 Fax: 1-408-297-9208

www.mothersmilk.org recipient.coordinator@mothersmilk.org









Donor Milk

Recipient Brochure





### We Are Here To Help

Mothers' Milk Bank provides donated human milk to infants in need. As a nonprofit organization, our mission is to help babies thrive by making donated milk safe and accessible. Our vision is to contribute to the best start in life for all babies.

# Who Receives Pasteurized Donor Human Milk?

- NICU babies
- Adopted babies
- Foster babies
- Surrogate babies
- Premature babies
- Insufficient lactation of mother
- Formula intolerant
- Immunological deficiencies
- Post-operation nutrition
- Illness or health risk from biological mother that requires interruption in feedings
- Death or absence of mother
- And any medical need for supplementation

# How To Receive Pasteurized Donor Human Milk

#### Three easy steps:

- Contact us at: recipient.coordinator@mothersmilk.org, or (408) 638-2822, or at our website mothersmilk.org/get-milk.
- 2. See your doctor and have them fill a Mothers' Milk Bank prescription form.
- 3. Upon approval, you will receive a call to schedule your first order.



Mothers' Milk
Bank has
been there
since my
baby was
born. With
their help, I

have peace of mind knowing this is the best milk my daughter can have. She is healthy and thriving!

Nicole L.

#### Breast Milk Facts

Milk can be stored up to one year from the date of expression.

Research shows breast milk:\*

- Promotes brain development
- Lowers respiratory infections
- Acts like a vaccine
- Lowers the risk of Asthma, sudden infant death syndrome (SIDS), obesity and type 2 diabetes

### Breast Milk Vs. Formula

Breast Milk	Formula
Minerals	Minerals
Vitamins	Vitamins
Fat	Fat
DHA/ARA	DHA/ARA
Carbohydrates	Carbohydrates
Protein	Protein
Water	Water
Antibodies	
Hormones	
Anti-Virus	
Anti-Allergies	
Growth Factors	
Enzymes	

<sup>\*</sup> https://www.cdc.gov/breastfeeding